ONLINE WELCOME MEETING FOR INTERNATIONAL DEGREE STUDENTS

ACADEMIC YEAR
2020/2021
Welcome to University of Lodz!
United in Diversity!
AGENDA

- WELCOME!
- COVID-19
- SAFETY
- DORMITORIES
- IRO AND DEAN’S OFFICE
- REQUIRED DOCUMENTS
- VISA, RESIDENCE PERMIT, MEDICAL INSURANCE
- ERASMUS+, EVENTS
Vice-Rector prof. Łukasz Bogucki

UL Vice-Rector for International Relations
University of Lodz:

- Foundation date: **1945**
- Number of Faculties: **13**
- Number of students: **26 000**
- Number of international full degree students: over **2 000**
- UL participates in exchange programmes such as Erasmus+, Credit Mobility, bilateral agreements mobility, Free Mover, Scholarship and Training Fund.
SOME OF YOU ARE STILL NOT IN ŁÓDŹ - MAKE SURE TO ARRIVE AND SUBMIT YOUR DOCUMENTS TILL 16 OCTOBER!
There are students of 95 nationalities at the University of Lodz. Our University builds academic community around the values of respect for cultural, religious and community identities as well as social sensitivity.

The University wants to form active global citizens who think critically, understand the complexity and the diversity of perspectives which underline most global problems.
COVID-19 INFO

Check our dedicated website: https://covid19.uni.lodz.pl/?lang=en

Before coming to Poland, please make sure it is safe to travel. Restrictions are being reintroduced all over the world, including Poland.

In POLAND, remember to:
• Wear a face mask in public spaces such as vehicles, shops, cinemas;
• Keep a distance of 1,5 metre from other people (2 metres if on trains);
• Disinfect your hands before shopping or touching shared items in public.

Usually, you can find distance marks on the floor of the shops, cash desks etc. where people usually queue. You can also often find a disinfectant dispensers at the door of the shops, train stations or post offices. Be aware that the rules are changing, so please make sure to stay updated. We suggest you follow the current rules to avoid paying a fine.

All-Polish hotline of Polish Ministry of Health (24/7; incl. English, Russian and Ukrainian): 800 190 590
Welcome to Poland!
To Łódź!

Please keep in mind that you are in a foreign country:

• the culture is different
• the customs are different
• you are foreigners and as such you have rights and obligations
• IRO would be happy to answer your questions
• if you have problems, please contact our office
ONBOARDING...
UL WELCOMES YOU ABOARD!

Student friendly introduction to University of Lodz:

https://moodle.uni.lodz.pl/course/view.php?id=1416

Additionally, read carefully Guide sent to you on 30.09.2020!
SAFETY IN THE CITY

• Avoid quiet, poorly illuminated areas.
• Do not leave your belongings unattended.
• Be careful in the crowd where you can be robbed.
• Watch your drinks in the pubs.
• React appropriately in an emergency.
• Inform public services/police about crimes you see.
• Use tickets in public transport.
IMPORTANT REGULATIONS IN POLAND:

• consuming alcohol outside designated areas is punishable by a fine: 100 PLN for drinking, 20-100 PLN for attempting to consume;

• possession of drugs is punishable by up to 3 years of imprisonment;

• fastening seatbelts in the car is compulsory;

• driving after drinking alcohol is prohibited!
In case of incidents, please contact the Police (in Polish „Policja“)

**997 or 112**

**LUMUMBY AND CITY CENTRE:**
Komisariat I Policji
Komendy Miejskiej Policji w Łodzi

ul. Sienkiewicza 28/30, 90-114 Łódź
kp1@lodz.policja.gov.pl

**Duty Officer:** tel. (42) 665 14 00, 665 14 01

**MANUFAKTURA AND ITS NEIGHBORHOOD**
Komisariat II Policji
Komendy Miejskiej Policji w Łodzi

ul. Ciesielska 27, 91-308 Łódź
kp2@lodz.policja.gov.pl

**Duty Officer:** tel. (42) 665 15 00, 665 15 01
Vice-Rector prof. Robert Zakrzewski

Vice-Rector for Student Affairs and Education
Scholarships

Every student can apply for Rector’s scholarship (for good grades). There are additional points for scientific, sport or art achievements.

The unit responsible for scholarships is Students Service Center (Polish: Centrum Obsługi Studentów i Doktorantów - COSiD)

Address: 1/3 Lumumby Street (ground-floor building at the corner of Lumumby and Pomorska street). Right now it is possible to apply by correspondence way or a box located at the entrance of the building.

Contact: Students Service Center staff – you need to find a person responsible for your Faculty.
In order to safely check-in, please follow the rules:

• bring your own face mask, disposable gloves and a pen;
• only you can enter the dorm building (NOT your parents or friends);
• agree with dorm Manager or Reception Desk your arrival day and time.
Unusual, yet **obligatory** rules to follow in UL Dormitories:

- face masks should be worn every time you leave your room;
- gyms and TV rooms will be out of use until further notice;
- the Dormitory Reception has the right to check every entry and going out of its residents.
There is one rule about having guests in the dorm:

• it is prohibited, until further notice, to allow non-residents to enter the dormitory, organize meetings and gatherings, admit guests (even if they are residents of another UL Dormitory). No visitors!
DOMRITORIES –
WHO TO CONTACT

• In case of any questions, inquiries, etc., please contact Dorm Manager, reception or Residents Council.

• If any of the above asks to talk to them – you have to answer immediately!

• If you do something wrong – IRO needs to know it first, from you, not from the administration of the dormitory.

• Also, you are always welcomed to contact IRO 😊
DEPOSIT:

- security fee in case you make damages in the dorm;
- moving out requires presence of dorm’s staff – in other case you lose deposit;
- leave the room in good condition.
YOU ARE OBLIGED TO:

• maintain order and cleanliness in your room and in common spaces;

• pay accommodation fees by deadline;

• show the Dormitory ID Card on each request from the reception desk employee;

• leave the key to the room with the Dormitory porter whenever outside the Dorm;

• respect the quiet hours between 11.30 p.m. and 6 a.m.
DORM PAYMENT FORMS:

• make a copy of your dorm payment form, before you fill it in – post office or bank doesn’t provide them;

• or: if you have a Polish bank account and possibility to make online transfers, carefully copy the data from the payment form and pay online.
IN THE DORM IT IS PROHIBITED TO:

• transfer room to anybody, change the room arbitrarily;

• keep pets (cats, hamsters, etc.);

• possess, distribute, sell, or consume abusive substances, especially drugs;

• throw litter outside places designated for this purpose;

• put objects on the exterior window sills or throw objects outside the windows;

• smoke tobacco in the corridors or rooms designated for common use;
Emergency Disease Symptoms Response Procedure (also applicable to Covid-19)

- Call your designated doctor (in Polish POZ) (p. 40-41) to seek guidance on how to proceed.

- If cannot reach your doctor, you must report this to your Dormitory reception desk. You will be moved for mandatory stay at a temporary isolation room. You must stay there until you reach your doctor.

- If your symptoms are acute/severe, call 112 Emergency.

- If quarantine is declared for an entire UL Dormitory or its part by authorities, you will have to bear the costs of food and healthcare during your stay. Dorm Staff will support you as much as possible.
APPLY FOR DORM FOR NEXT ACADEMIC YEAR – REMEMBER:

• if you need a dormitory for the next academic year, you have to submit your application in USOSweb – without it you will not get a place next year; deadline: TBA

• for the summer break accommodation, you need to apply by email to the COSiD;
  deadline and contact person: TBA.

APPLY FOR DORM CHANGE:

Most probably application for dorm change will be possible from late November, through the COSiD office.
Internet connection in UL Dormitories

There is a free Internet connection in every room. However, you can connect only through Ethernet cable, which you have to buy on your own (dormitories don’t provide Ethernet cables!). You can buy it at any tech shop in the city (i.e. Media Markt, RTV Euro AGD, or others). Also, make sure that your laptop has an Ethernet (aka RJ-45) port – if not, you will need to but an Ethernet switch. ATTENTION! It’s forbidden to connect router devices to the network!

Mobile phones and SIM cards

Pre-paid services are very popular, but make sure your phone has no network lock. Before making your first call, register your number – fill out the form and show your ID or passport at the network store or its partner point (i.e. Żabka, Ruch, Poczta Polska – check full list at the specific network’s website).
Every student is **obliged** to activate and use the @edu.uni.lodz.pl account.

It gives you access to: USOSweb (schedules, grades, etc.), Wi-Fi in UL buildings, MS Office package. **UL Staff will contact you only by this email!** You can activate your @edu.uni.lodz.pl account with help of Dean’s Office (at the Faculty).

Make sure it’s one of the first things you do at the UL.
STUDENT ACCOUNT
@edu.uni.lodz.pl

Detailed instruction is available HERE

• A message with a link to activate your account in the new domain will be sent (exceptionally) to your private email address.

• The login includes your USOS ID, which gives you access to UL services and Microsoft Office 365 Professional Plus package.

• You will set the password yourself. Follow instructions from the email.

• IMPORTANT! All messages from the Dean’s Office, IRO, Lecturers or University Authorities will be sent ONLY to your @edu.uni.lodz.pl account. Make sure to use it when you want to contact any UL unit/Staff member.
International Relations Office
*(in Polish: BWZ)*

3 Uniwersytecka Street, Room 1
Monday-Friday, 7:30-15:30
Tel: +48 42 635 4237

*It is possible to visit us (in urgent cases) only after previous appointment by e-mail or phone.*

Feel free to contact us:
[admission@uni.lodz.pl](mailto:admission@uni.lodz.pl)
[www.iso.uni.lodz.pl](http://www.iso.uni.lodz.pl)
International Relations Office
(in Polish: BWZ)

• Update your personal data.

• See the list of study programs on offer.

• Admission for the 1st year of studies (for candidates – students are taken care of by the Students Office at the Faculty).

• Admins of IRO website and social media profiles.

If you have doubts or questions about legalization of your documents, translating them or starting the recognition process, please contact our office.
You: submit the original copies to the IRO

IRO: gives feedback to the Rector

Rector: signs a decision letter on Your admission

IRO: puts Rector’s decision in your file and sends it to your Faculty

Faculty (Dean’s Office): keeps your credentials, all your original diplomas and runs an USOS e-grading account for you.
DEAN’S OFFICE

In Polish: DZIEKANAT. There is one per each Faculty.

Please check by yourself if previous appointment is required. It is preferred to contact by phone or e-mail.

• Update your personal data.
• Enquire about USOS platform issues.
• Sign up for classes.
• Choose your specialization.
• Submit requests to Dean/Rector.
• Get proofs of student status and/or GPA.
Apply for Student ID

• For student discounts wherever available
• For public transport (MPK-Łódź buses and trams)
• For UL Library
• For identification as a student
• For Student ID data - to enter in different forms

End of October or early November: take your credentials

Ask for the original copies of your education certificates. Why: you need them for certified (sworn) translation.
STUDENT’S ID CARD

• Student’s ID Card allows you to enter the University’s Library, Sport Centre and to travel with a half-price ticket.

• **Always remember to take your Student’s ID Card with you!**

• Payment: 22 zł

• Please pick up your ID card at the Faculty – Dean’s Office.
REGISTER YOUR ŁÓDŹ RESIDENCE

If you still haven’t, do it ASAP!

• It is obligatory by law.

• Registration is free of charge (no fees if it is just digital).

• They can issue you a proof of registration (PLN 17 – if printed).

• ADVANTAGE: you need a residence registry proof to sign contracts, use services, join clubs, go to the doctor, apply for your PESEL number etc.
REGISTER YOUR ŁÓDŹ RESIDENCE

Action plan:

[1.] Bring your International Passport with Visa, and:
IF IN DORMS: take an accommodation proof from reception desk (Polish: dowód zamieszkania).
IF IN TOWN: bring tenancy contract or ask your landlord for the proof.

[2.] Go to City of Lodz Office (UMŁ):
ul. Zachodnia 47 (ground floor, desk 1; off Manufaktura tram stop)
and ask for registration (Mon-Fri 8-19, Sat 9-13).

REGISTER YOUR RESIDENCE – with the city of Łódź. Polish: ZAMELDOWANIE. This is neither residence permit, nor a resident’s card – your right to stay is not extended.
WAKE UP AND LISTEN 😊
MEDICAL INSURANCE

Each of you SHOULD HAVE insurance valid in Poland. If not ready yet, apply this week!

International students:
• Use your private insurance. Check if it states medical service costs in Poland. Or, you can buy one in Lodz – see our Guide for details).
• OR: submit request to the NFZ (zameldowanie required) – National Health Fund (see Guide), **PLN 55,80 per month**. Keep proofs of payment for insurance fees: they are valid for medical service.

Karta Polaka / Pole’s Card holders: contact the IRO (BWZ) for more details & application.

EU citizens: insured on the EHIC card basis, or see above.
I need to visit a doctor – what to do next?

There are two possibilities that apply to majority of students:

1. You have the EHIC (European Health Insurance Card) or NFZ insurance: go to any health centre with “NFZ” sign and fill in declaration (in Polish) on site. For visit, you need to make appointment at the reception desk (you can try calling them). With EHIC, visit is free, as well as most medical examinations that are ordered by a doctor.
I need to visit a doctor – what to do next?

2. You have private insurance: first, call your insurance provider and describe what is happening. They should give you address of a specific health centre that will assist you. Please know that you will be required to pay for the visit and then the cost is reimbursed by the health insurance company, but please verify your agreement attentively so you are aware which medical consultations/procedures can be refunded.

If the insurance company in your home country does not pay benefits abroad, you must get insurance after arriving in Poland, as soon as possible. To get health insurance, you can apply to the local branch of the National Heath Fund (check page 31 in the guide we’ve sent by email).
Without insurance valid in Poland, you have to pay for all medical services.

With NFZ insurance, many are free (but only basic service works fine).

With private insurance, you first pay (except emergency) and then the insurance company repays the costs to you.
IMPORTANT ADDRESSES

Hospital „Barlickiego” (has an emergency ward)
ul. Kopcińskiego 22, Łódź
tel: +48 42 677 66 00
Please note that emergency wards are for emergency situations only. For less serious conditions, or usual treatment of illness, please use regular doctor appointments.

A non-stop emergency medical service center (Pogotowie Ratunkowe) is in 137/141 Sienkiewicza Street (in the neighborhood of Galeria Łódzka). You may use their service in emergency cases, such as injuries, when no other service is available.
CERTIFIED TRANSLATION

WHO NEEDS THE SERVICE?
Every first-year student (unless obtained before you came).

WHY?
• This is required for your future UL diploma
• This is a legal requirement in Poland
• At a Bachelor’s level, this is obligatory for recognition procedure (first semester).

WHAT DOES IT LOOK LIKE?
Black and white; it has a special stamp, registration number, and fee receipt note.

WHO CAN ISSUE IT?
• Certified (sworn) Translators from the government list. Polish: tłumacz przysięgły
• There are more than 40 certified translators of English in the city of Łódź.
CERTIFIED TRANSLATION

WHERE TO FIND THE TRANSLATOR?
• Check the Guide attached to e-mail from IRO

WHAT DOCUMENTS DO I NEED TO TRANSLATE?
• **BA students**: High school leaving certificate (if it is not issued in Polish).
• **MA students**: Bachelor’s degree certificate (if it is not issued in Polish).
• IMPORTANT: translation needs to be done from your original documents, not their translations (so from eg. Turkish to Polish, not English translation of your document into Polish).

ACTION PLAN:
**ASAP**: call or e-mail a translator (see list in Guide). Early November: take original copies from your Dean’s Office and bring them to the translator. Late November: collect documents from the translator, and... see the next step.
Recognition Procedure

Master’s degree students:
1. Make photocopies (Xerox copies) of translations,
2. Take originals back to your Faculty (your file at the Dean’s Office),
3. Take photocopies to the International Relations Office (IRO / BWZ).

Bachelor’s degree students (does not apply to: Belarus and Ukraine):

(IMPORTANT - Recognition Procedure):
1. Take your original credentials and translations to the Lodz Board of Education (al. Kosciuszki 120a) and apply for the Recognition Procedure,
2. Wait for your recognition process to be finished,
3. Visit the Board again and take your credentials and the Recognition Letter from them,
4. Make photocopies (Xerox copies) of all credentials, translations, and Recognition Letter,
5. Take originals back to your Faculty (your file at the Dean’s Office),
6. Take photocopies to the International Relations Office (IRO / BWZ).
RECOGNITION PROCEDURE
(for bachelor’s degree students only / not for the citizens of Ukraine or Turkey)

Recognition (Polish: uznanie) is a procedure external to the UL. It applies to first-year Bachelor’s Degree students, with the exception of some countries. Deadline: 28 February

Checklist of credentials:

1. High school leaving certificate
   1a. Grade sheet for the certificate (if not on the certificate)
   1b. Eligibility confirmation (if not on the certificate)
2. Legalization letter from the Polish Embassy (except if stamped on the Certificate)
3. Certified translation
4. Photocopied ID

Apply for recognition at Łódź Board of Education in November.

Return credentials and recognition letter to your Faculty: ASAP but not later than 28 February.
The USOS Platform
www.usosweb.uni.lodz.pl

• **Register for classes** (compulsory with most programmes)
• Sign up for Physical Education and library training
• Change your attendance group (if your timetable requires)
• **Check your grades** for course credits and exams
• Sign up for elective courses (if your programme requires)
• Sign up for extra classes you want to attend anywhere at UL

Other advantages:

• Manage your personal class schedule
• Check over your money (payments)
• Get contact details of your teachers
• Send group e-mails to your classmates
• Browse options for Erasmus+ mobility!

How to get log in data?
Activate your @edu.uni.lodz.pl student account.

The USOS platform (Polish: System USOS) is commonly used at traditional Polish universities (ISO will send you pdf with instructions)
Sign up for P.E. class

The PE class (Polish: WF) at the UL is a 30-hour-long course with ECTS. Check your first semester timetable for PE classes – if so: sign-up via USOS. In 2020/21, first semester is online, using apps like Calorie Counter, Nike+ or Endomondo. Check details at: http://www.swfis.uni.lodz.pl/

For questions, contact the Sports Centre office (ul. Styrska 5).

If you feel ill or unfit to do regular sports, you may, after consulting your doctor, sign up for low-energy sports, e.g.:

- Bridge
- Yoga
- Relaxation Activities
- Nordic Walking

Please contact the Sports Centre and ask how to sign up for low-energy sports.

Most popular:

- Basketball
- Volleyball
- Swimming
- Martial Arts
- Bodybuilding
KEEP FIT AT THE UNIVERSITY OF LODZ!

Get an AZS Isic Card

Join University’s Sports Community. The sports card will give you many opportunities, among them: free of charge Sports Fridays, an AZS T-shirt, and accident insurance!

Cost: only 80 PLN per year

More info: azs.uni.lodz.pl
OSH, © & LIBRARY TRAINING

Don’t miss the:

1. Occupational Safety and Health training,
2. Protection of intellectual property course,
3. Library instruction!

Finish them, up to 30 November, via the Moodle online platform: www.moodle.uni.lodz.pl

In case of questions please ask your Dean’s Office.

By failing any of these trainings you may fail your first semester!

Access to the platform with your @edu.uni.lodz.pl log in data.

Deadline: 30 November (unless officially prolonged)
With **MULT** you can make multiple Schengen-zone trips;

With **02** you can re-enter Poland once;

With **01** unfortunately*, you can visit **no other country** (!)

Visa-free travel - be careful!

Also check your **validity date**

(DD-MM-YY)

If it falls earlier than the end of academic year (i.e. late June), consider applying for a new visa (at a consular post abroad) or a residence permit (in Lodz) well in advance.
RESIDENCE PERMIT

Residence card (Polish: *karta pobytu*) is a legal document of temporary stay in Poland.

If your visa expires before your planned departure from Poland, apply for a residence permit in Lodz. Best: **3-5 months before visa expiration.**

**Where:** Migration Office, ul. Piotrkowska 103 (Łódzki Urząd Wojewódzki, oddział Cudzoziemców). **Due to the lockdown, the office door may be closed and the only option may be sending a registered letter.**

- Include all the documents required
- Remember to get the grade sheet from the Faculty
- Maintain the same mailbox and phone number over the next half year. You may decide for a different postal address than where you stay: attach it on a separate sheet.
- If you get an appointment, double-check your contact details.

**Alternatives:** apply for a new visa.

**How much money do you need?**

- PLN 365 – fees (this is what you spend)
- + ca. PLN 16,000 (for dorm dwellers) – funds secured on your account or credit card limit (this is what you show)
RESIDENCE PERMIT TRAINING

A free training for international students about the rules of applying for a residence permit in Poland. During the training students will have a chance to learn how to properly prepare the documents required for a residence card.
Career Office

The Career Office can show you a smooth way to enter the job market. Its specialized staff organize **training in soft skills** and offer assistance in the field of mentoring, **professional consultations**, support for entrepreneurship or **participation in paid internships and placements** with the largest employers in Lodz.

More importantly, they can also assist you in a remote way.

During your studies you will be able to join the University of Lodz Mentoring Programme, thanks to which the most talented students can learn from the most outstanding graduates of the University of Lodz.

More info: [biurokarier.uni.lodz.pl/career-services/](http://biurokarier.uni.lodz.pl/career-services/)
As a full-time (daytime, degree) student, you can easily take up work in Poland, but there are a few golden rules:

You can take up work if the period of employment finishes within the validity period of your student visa.

You should avoid seeking employment in your first semester and for a larger number of hours per week than your classes. This may raise questions as to your purpose of stay.

If you decide to switch to niestacjonarne mode of studies (evening or weekend), you may find it harder with job market. You need to apply for an extra work permit before you are employed.

Karta Polaka (Pole’s Card) holders do not need to apply for work permits.
<table>
<thead>
<tr>
<th>Words used at UL</th>
<th>English translation(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Przedmiot</td>
<td>Course/ Module</td>
</tr>
<tr>
<td>2. Kierunek</td>
<td>Programme/ Field of Study</td>
</tr>
<tr>
<td>3. Wydział</td>
<td>Faculty/ Department/ School of…</td>
</tr>
<tr>
<td>4. Zajęcia</td>
<td>Classes// or: Course</td>
</tr>
<tr>
<td>5. Zaliczenie</td>
<td>Credit/ Pass/ Completion</td>
</tr>
<tr>
<td>6. Niezaliczony</td>
<td>Uncredited/ Failed/ Incomplete</td>
</tr>
<tr>
<td>7. Sesja</td>
<td>Exam session/ period</td>
</tr>
<tr>
<td>8. Wykładowca</td>
<td>(Academic) Teacher/ Lecturer</td>
</tr>
<tr>
<td>9. Dyżur</td>
<td>Office hours/ Feedback slots</td>
</tr>
<tr>
<td>10. Rok</td>
<td>Study year// or: class group of the same starter year</td>
</tr>
</tbody>
</table>
TYPES OF CLASSES

Due to pandemics, check carefully how each class is conducted! Most classes will be held in blended mode: mostly online, partially face-to-face.

Čwiczenia
- These are tutorial, practice, or discussion classes
- Often younger / low-rank teachers, accessible at class
- Groups are small (5-20)
- Rigorous attendance check (!)
- May be needed to complete before the lecture exam of the same subject

Wykłady
- These are standard lectures
- High-rank professors, inaccessible (better come to their office hours)
- Groups tend to be large (up to 100 and more)
- Not so often checked
- May require signing up for practice class (same field)
- Extensive exam
DO’s and DON’T’s

- Sign up via USOS
- Make up for missed classes
- Be timely (teachers may be late up to 15 mins.)
- Ask „how can I...?”
- Contact teacher to clarify issues/backlog
- Buy textbooks and/or share notes with friends

- Expect to have been signed up for all
- See classes as optional
- Be late or leave early
- Challenge teacher’s decision/grade openly
- Make teachers lose their break between classes
- Expect teachers to bring all resources to class
Local grading scale

5 (bdb) very good = ECTS equivalent is A
4+ (db+) better than good = B
4 (db) good = C
3+ (dst+) better than satisfactory = D
3 (dst) satisfactory = E
2 (ndst) unsatisfactory (fail) = FX, F
UL Academic Support Centre

It offers **free psychological support**, mostly in the scope of equalizing opportunities in the process of studying and functioning in the academic community. Among others, they organize thematic trainings and provide educational advice. The office also supports students with various challenges and / or disabilities.

**Academic Support Centre can assist you in a remote way.**

**Email:** [acw@uni.lodz.pl](mailto:acw@uni.lodz.pl)

**Phone:** +48 690694317 (in English)
The handbook has been prepared having you, UL students, in mind. Particularly those of you who are dealing with tough moments resulting from the current limitations imposed on all of us for the sake of our health and safety.

Brighter side of life - how to stay positive (CLICK HERE)
LET’S BE IN TOUCH!

Join us on Facebook, vKontakte and via websites

- www.facebook.com/polishuniversity (in English)
- www.facebook.com/wymianazagranicznaUL (in Polish)
  - www.vk.com/uni_of_lodz (in Russian)
  - www.iso.uni.lodz.pl (many languages)
  - www.bwz.uni.lodz.pl (in Polish)
ESN UL!
Erasmus Student Network
University of Lodz

facebook.com/esnul
KNOW UL MENTORS!

They are easily recognized. Just look at the awesome Mentor ESN hoodies.

Their aim is to help you, to guide you, to make your first coming to the University of Lodz soft and comfy!

If you see one of the Mentors at the UL faculties, you can ask them (keeping the 1.5 m distance) a question about something that is related to your studies.

Project „Building the competence of academic and administrative staff and development of institutional capability for the internationalisation of the University of Lodz”
Spend a semester or a year at UL’s partner university
Spend a semester at UL’s partner university (if the pandemics allow)

UL has signed more than 1100 agreements within the Erasmus+ programme. **What does it mean?**

It’s simple: lots of opportunities to spend a semester or a year abroad **with a scholarship**, and all of that as part of your studies!

More info at the Faculties – end of the year/ beginning of the new year.

Also on [https://bwz.uni.lodz.pl/lip-erasmus-studia/in-english](https://bwz.uni.lodz.pl/lip-erasmus-studia/in-english) and [facebook.com/wymianazagranicznaUL](https://facebook.com/wymianazagranicznaUL)

Ask for details via e-mail: [bwz@uni.lodz.pl](mailto:bwz@uni.lodz.pl)
2020/21 DAYS OFF:

31st October – day off
1st November – All Saints’ Day
23rd December – 6th January – Christmas Break
2nd-6th April – Easter Break
1st May – Labour Day
3rd May – Constitution Day
24th May – The UL Celebration Day
3rd June – Corpus Christi
WE ARE HAPPY TO HOST YOU IN THE UNIVERSITY OF LODZ!

Be with us, share your experience and enjoy your stay!
Thank you for your attention and good luck with your studies!

You can always count on us – IRO 😊